

# Peachy PB Pocket



## Ingredients

- 2 Whole wheat pitas
- ¼ cup Peanut Butter
- ½ Apple (cored and thinly sliced)
- ½ Banana (thinly sliced)
- ½ Peach (thinly sliced)

## Preparation

1. Wash hands thoroughly.
2. Cut pitas in half to make 4 pockets and warm in the toaster oven for about 1 minute to make them flexible.
3. Carefully open each pocket and spread a thin layer of peanut butter on the inside walls.
4. Fill with a combination of apple, banana, and peach slices.
5. Serve at room temperature.

## Tips

Try seasonal fruits, and even vegetables with a hummus or ranch yogurt spread.



<https://eatsmartidahointhekitchen.com/recipes/#recipes+p:2>



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